

## Positive Alternatives 2014 - 15 Quarterly Update

**Grantee:** Catholic Charities of the Diocese of Winona, Inc.

**Goal:** Catholic Charities will sustain, across a broad swath of southern Minnesota, a high degree of accessibility, responsiveness, and advocacy for pregnant women and women with babies that is absolutely vital to providing alternatives to abortion

**For the period:** January – March 2015

Activity or Service	Activity or Service Description <small>Major Work Plan Activities</small>	Work Plan Count	Program Progress and Accomplishments <small>Report the progress and accomplishments made this period on each activity.</small>	Report Count
<b>Administrative Activities</b>	Provide guidance to grant staff, complete grant forms, attend required grant meetings, provide on-going crisis intervention counseling training		Social workers and support staff report each call on an initial contact form and discuss needs and referral plans.	
<b>Outreach</b>	Place pregnancy posters across service area, distribute marketing and informational materials, advertise, make presentations, maintain website and host community events		Staff distributed 56 <u>posters</u> to various locations. <u>Direct</u> contact was made with staff from Houston County Minor Parents program, Baby Connections, Families in Transition, WSU social work students, and First Care. <u>Presentations</u> were given to Freeborn Co. Public Health, Cotter Junior High, Cotter Senior High, and Professional Outreach Networking Group. Staff are <u>active members</u> of Infant Mental Health, Birthparent Collaborative, Interagency Adoption, Rochester Area Fatherhood Network, Homeless Community Network, the Maternal, Child and Family Health Partnership, Catholic Charities USA, Mankato Community Network and Owatonna Community Services Collaborative. <u>Booths</u> were displayed at the Winona Area Food Shelf, a ProLife Rally, Steele Co. Project Community Connect, Olmsted Co. Project Community Connect and Rochester Youth Connect. <u>Mailings</u> were sent to 77 individuals for Baby Bottle, 62 Nurturing Healthy Families invites, and MNSU Student Health Services. <u>Advertising</u> via	

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			bathroom stall ads, Yellow Pages, Facebook, internet and website is on-going and updated as needed.	
<b>Adoption Education</b>	Social workers provide support services including counseling; assessment; explore parenting and adoption options through education and information; support women in their ability to be self-sufficient	2 - 4	Worked with 4 women to explore the option of adoption and make a plan for their baby. Assisted the women in being connected to local resources and supported their decisions.	4
<b>Financial Assistance</b>	Provide financial assistance from donated funds to assist eligible women; assist women in applying for financial assistance from other agencies	10 - 20	Staff worked with 19 women to process their need for financial assistance. Women received assistance for mortgage, rent and utilities. Connected the women with other resource opportunities.	19
<b>Hotline</b>	Licensed social workers provide assessments and make referrals to clients 24/7	20 - 35	Staff answered 63 calls to our office and 24 hour hotline, responded to one email, and assisted two clients who walked into the office without scheduled appointments to provide assessments and referrals. Out of those contacts, 41 of the people were eligible for services.	41
<b>Parenting Education</b>	Social workers provide support services including counseling; assessment; explore parenting option through education and information; provide safety, financial literacy and parenting education; provide Nurturing Healthy Families education class; improve family stability and self-sufficiency	15 - 25	Worked with 30 women who were making a parenting plan for themselves and their baby. Assisted the women in being connected to local resources and provided essential parent education.	30

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<b>Pregnancy Education</b>	Social workers provide support services including counseling; assessment; explore parenting option through education and information; provide safety, financial literacy and pregnancy education; provide Nurturing Healthy Families education class; improve family stability and self-sufficiency	10 - 15	Worked with 11 women to provide pregnancy information and education. Discussed options of adoption and parenting with these women. Assisted the women in being connected to local resources and provided essential pregnancy and parent education.	11
<b>Provide Necessary Services Assessments Only</b>	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	4 - 8	Staff provided assessment and referrals for necessary services only to 4 clients.	4

<b>Maternal and Child Health Initiative Task Force Strategies</b>	<b>No.</b>
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	20
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	20
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	20

**Challenges:**

**Comments:**